

# MESSANA GROUP

Emergency Management Training & Consulting

# Tsunami & Earthquake Training

Course Outline

Emergency Wardens | Building Managers | All NZ Staff

**Duration:** Up to 90 Minutes

**Delivery:** On-site at your workplace

**Compliance:** NEMA-Aligned

★★★★★ **4.8/5** from 312 participant responses

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Australia's trusted emergency management experts since 2016

## Course Overview

Every New Zealand workplace must prepare for seismic emergencies not as a remote possibility, but as a likely occurrence during the working lives of your staff. When earthquakes occur, your people need to know exactly what to do.

**Messana Group's Tsunami & Earthquake Training prepares your team to respond decisively to seismic events and tsunami warnings.**

NEMA-aligned training delivered at your New Zealand workplace.

## What Your Team Will Learn

- ✓ Execute Drop Cover Hold instinctively
- ✓ Make critical decisions during seismic events
- ✓ Assess building damage and recognise instability signs
- ✓ Understand aftershock patterns and maintain readiness
- ✓ Recognise official and natural tsunami warning signs
- ✓ Execute tsunami evacuation procedures confidently
- ✓ Integrate seismic response into your Emergency Management Plans
- ✓ Coordinate with NEMA guidelines and civil defence

## Who Should Attend

- Emergency Wardens
- Building Managers
- Facilities Personnel
- Reception & Security Staff
- Coastal Workplace Teams
- All NZ Staff

## Course Outline – 6 Modules

### 1 New Zealand Seismic Environment

- NZ position on the Pacific Ring of Fire
- Tectonic plate boundaries
- Historical seismic events and lessons learned
- Auckland Volcanic Field awareness

### 2 Drop Cover Hold

- Drop Cover Hold technique with hands-on practice
- Finding appropriate shelter
- Protecting yourself when no shelter is available
- Maintaining position until shaking stops

### 3 During the Earthquake

- When to shelter vs evacuate
- Actions in different building locations
- Responding to falling objects
- Maintaining calm and assisting colleagues

### 4 Aftermath & Damage Assessment

- Recognising structural instability
- Utility hazards
- First aid for earthquake injuries
- Communication when systems are compromised

### 5 Aftershock Protocols

- Understanding aftershock patterns
- Maintaining heightened awareness
- Resuming Drop Cover Hold
- Assessing cumulative building damage

### 6 Tsunami Response & Evacuation

- NEMA warning system and alert levels
- Recognising natural warning signs
- Vertical vs horizontal evacuation
- Evacuation routes and long-duration planning

## In-House Training Delivery

All tsunami and earthquake training is delivered on-site at your workplace, so your team trains in the environment they'll actually respond in.



### Your Location

Your NZ workplace



### Flexible Scheduling

Tailored to your team's availability



### Customised Content

Your building layout and procedures

#### What's included:

- ✓ Training at your workplace — no travel required
- ✓ Content customised to your emergency procedures
- ✓ Flexible scheduling
- ✓ Small groups for individual attention
- ✓ Practical exercises simulating real seismic conditions
- ✓ Attendance registers and reports provided

## Why Choose Messana Group

- ✓ **25+ years industry experience**
- ✓ **On-site training across Australia & New Zealand**
- ✓ **Attendance registers and reports provided**
- ✓ **Training customised to your workplace**
- ✓ **NEMA-aligned training**

## What Participants Say

*"Practicing the evacuation drill gave me confidence in my ability to respond to a fire emergency."* — **Tina Nguyen**

*"I found the step-by-step instructions on using fire extinguishers particularly useful."* — **Winning Chung**

*"Great place to train. Trainers are well-informed and up-to-date with all the new tech used."* — **Sarah Mahfoud**

## Get a Free Quote

Protect your people with expert earthquake and tsunami training.



1300 622 030



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