

MESSANA GROUP

Emergency Management Training & Consulting

Fire Extinguisher Training

Course Outline

Wardens | First Responders | General Staff

Duration: Up to 60 Minutes

Delivery: On-site at your workplace

Hands-On Practice: Included

★★★★★ **4.8/5** from 312 participant responses

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Australia's trusted emergency management experts since 2016

Course Overview

Fire extinguishers hang on walls throughout Australian workplaces. They are inspected, tagged, and maintained according to regulations. But when a fire starts, most employees have never operated one. They do not know which type to use for which fire. They have never pulled a pin, squeezed a handle, or aimed a discharge stream. In the moment when action is needed, unfamiliarity becomes paralysis. A small fire that could have been extinguished in seconds grows into a major incident.

Messana Group's Fire Extinguisher Training ensures your team can use this critical safety equipment when it matters.

Practical, hands-on training with real extinguishers and fire blankets.

Learning Outcomes

- ✓ Identify all extinguisher types by colour coding and labels
- ✓ Match the correct extinguisher to each fire classification
- ✓ Confidently apply the PASS technique under pressure
- ✓ Assess whether a fire can be safely fought or requires evacuation
- ✓ Physically handle and operate fire extinguisher equipment
- ✓ Deploy fire blankets correctly over stoves and small fires
- ✓ Understand extinguisher limitations and when to stop fighting
- ✓ Inspect and verify fire equipment readiness in your workplace

Who Should Attend

- Designated Wardens
- First Response Personnel
- General Staff
- High-Risk Area Workers
- Kitchen Staff

Course Outline – 6 Modules

1 Types of Extinguishers

- Water extinguishers: appropriate uses and limitations
- Foam extinguishers: when and how to use
- Dry chemical powder: versatility and considerations
- Carbon dioxide (CO₂): electrical fire applications
- Wet chemical: kitchen and cooking oil fires
- Identifying extinguisher types by colour coding and labels

2 Fire Classifications

- Class A: Ordinary combustibles (paper, wood, fabric)
- Class B: Flammable liquids (petrol, oil, solvents)
- Class C: Flammable gases
- Class E: Electrical equipment fires
- Class F: Cooking oils and fats
- Matching extinguisher types to fire classes

3 The PASS Technique

- Pull the pin
- Aim at the base of the fire
- Squeeze the handle
- Sweep side to side

4 Critical Decision-Making

- Assessing whether a fire can be safely fought
- Recognising when to evacuate instead of fight
- Understanding the limitations of portable extinguishers
- Escape route awareness while fighting fires
- When to stop fighting and leave

5 Hands-On Equipment Familiarisation

- The weight and handling of charged extinguishers
- Pin removal and handle operation
- Proper stance and aiming techniques
- Equipment inspection and maintenance checks

6 Fire Blanket Training

- When to use a fire blanket versus an extinguisher
- Proper deployment technique over stoves, appliances, and small fires
- Smothering technique and safety considerations
- Care and storage of fire blankets
- Practical deployment exercises using training equipment

In-House Training Delivery

All fire extinguisher training is delivered on-site at your workplace, so your team trains with the equipment they'll actually use.



Your Location

Your workplace across AU & NZ



Flexible Scheduling

Tailored to your team's availability




Customised Content

Your building layout and procedures

What's included:

- ✓ Training delivered at your workplace — no travel required
- ✓ We supply all extinguishers, fire blankets, and training equipment
- ✓ Flexible scheduling
- ✓ Groups sized for adequate hands-on practice time
- ✓ Desktop training ideal for most workplace environments
- ✓ Attendance registers and reports provided

Why Choose Messana Group

- ✓ **25+ years industry experience**
- ✓ **On-site training across Australia & New Zealand**
- ✓ **Attendance registers and reports provided**
- ✓ **Training customised to your workplace**
-  **Hands-on practice with real equipment**

What Participants Say

"Practicing the evacuation drill gave me confidence in my ability to respond to a fire emergency." — **Tina Nguyen**

"I found the step-by-step instructions on using fire extinguishers particularly useful." — **Winning Chung**

"Great place to train. Trainers are well-informed and up-to-date with all the new tech used." — **Sarah Mahfoud**

Get a Free Quote

Protect your people with practical, hands-on extinguisher training.



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